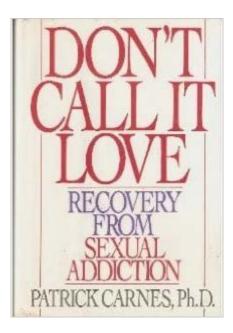
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Don't Call It Love





Synopsis

"Dr. Patrick Carnes is a creative, Â Â pioneering, and courageous human being. His books are Â changing the lives of Â thousands!""I lost three marriages, all because of affairs." Â "I became suicidal because of multiple intense Â involvements." "I spent money on sex when IÂÂ needed it for children's clothes." "IÂÂ lost promotion opportunities and a special Â scholarship because my co-workers found out about my sex Â life." Every day they face the possibility of Â destruction, risking their families, fiances, Â Â jobs, dignity, and health. They come from all walks Â of life: ministers, physicians, therapists, Â politicians, executives, blue-collar workers. Most were Â abused as children--sexually, physically or Â emotionally--and saw addictive behavior in their early Â lives. Most grapple with other addictions as well, Â but their fiercest battle is with the most Â astounding prevalent "secret" disorder in Â America: sexual addiction. Here is a ground-breaking Â work by the nation's leading professional expert on Â sexual addiction, based on the candid testimony of Â more than one thousand recovering sexual addicts Â in the first major scientific study of the Â disorder. This essential volume includes not only the Â revealing findings of Dr. Carne's research with Â recovering addicts but also advice from the addicts and Â co-addicts themselves as they work to overcome Â their compulsive behavior. Positive, hopeful, and Â practical, Don't Call It Love is Â a landmark book that helps us better understand Â all addictions, their causes, and the difficult path Â to recovery. From the Trade Paperback edition.

Book Information

Hardcover: 439 pages Publisher: Bantam; First Edition edition (March 1, 1991) Language: English ISBN-10: 0553072366 ISBN-13: 978-0553072365 Product Dimensions: 9.2 x 6.4 x 1.4 inches Shipping Weight: 1.6 pounds Average Customer Review: 4.7 out of 5 stars Â See all reviews (61 customer reviews) Best Sellers Rank: #691,012 in Books (See Top 100 in Books) #210 in Books > Health, Fitness & Dieting > Addiction & Recovery > Sexual #1455 in Books > Health, Fitness & Dieting > Psychology & Counseling > Pathologies #1692 in Books > Health, Fitness & Dieting > Addiction & Recovery > Substance Abuse

Customer Reviews

Easily, I could say that Patrick Carne's books on sexual addiction has saved my marriage and my husband's life and maybe my own as well. My first read was "Out of the Shadows" and it softened my angry heart after hearing my husbands confession of being with around 100 women over the past 5 years of our 17 year marriage and all sexual encounters were UNPROTECTED sex. I found out the hard way. How could all these powerful, crippling emotions that I was feeling be tamed?? How could I ever forgive this scrum of the earth!! READ this book and you can do the impossible!! It answers my questions without having to continually confront my husband with the aweful thoughts of how he could be such a hypocrite all our married years!! What was he doing? Is he comparing me to his many different women when we had sex? Will he do it again? Will he always lie?? Is he really a good person deep down?? etc. All the guestions have been answered and then some and I saw my own behaviors make the situation even worse without my knowing. I was a coaddict and codependent at different times. In only 4 months of my recovery and 18 months of his recovery we are happier than I ever thought possible!! This book takes you step by step as to what you can expect with building a healthy relationship with a recovering sex addict!! It is very detailed and gives advice from recovering addicts! It speaks in easy to understand language. It recognizes problems that can arise and gives you answers as to what to do if they happen to you!! This was my fifth book on looking for answers to sexual addiction. Out of the Shadows was first, Secret Wars..second..Love, Sex and Infidelity, His Needs/Her Needs, and finally, with MUCH relief to my quest..DON'T CALL IT LOVE!!

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